

September 1, 2010

Dear Parents:

Welcome to the 2010-2011 school year.

Due to the increasing number of students who have food allergies, we at St. Margaret's Episcopal School must do all we can to provide these students with a safe environment. The most common allergy offenders are peanuts, peanut butter, eggs, and milk. Strict avoidance is the only way to prevent an allergic reaction. **THE ALLERGY CAN BE LIFE THREATENING.**

Anaphylaxis, (an allergic reaction) can affect various organ systems including the upper and lower respiratory tracts with the throat tightening and closing. Our school has an emergency protocol in place for such an event. If a severe reaction occurs, we immediately call 911 for help. Immediate injection of epinephrine is necessary and immediate medical care is required.

We would like to enlist your help in the protection of these students by the following:

1. Discuss with your child the policy of not exchanging food at snack or lunchtime.
2. **DO NOT** send peanuts or peanut products.

We thank you in advance for your cooperation and assistance.

Sincerely,

Carol Keith, R.N.

School Nurse

Patty Canright, R.N

School Nurse

Marcus Hurlbut

Headmaster